

# One disease at a time - CITSA

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**CITSA's Vision** is to promote awareness of 'One disease at a time', at the Canberra Institute of Technology and in the broader community. By doing so we hope to arouse people's interest to either donate funds, volunteer or to do both.

## **This is CITSA initiating the 'CIT Reconciliation Action Plan'!**

Canberra Institute of Technology Student Association (CITSA) is initiating the Canberra Institute of Technology Reconciliation Action Plan by teaming up with CIT Yurauna Centre to promote 'One disease at a time'. One disease at a time (ODAAT) is a non-profit organisation that has one single vision and that is 'to systemically target and eliminate one disease at a time' in Australia<sup>1</sup>. Its first initiative involves eliminating crusted scabies and scabies as a public health issue in Australia<sup>1</sup>. Why scabies? Scabies has been recognised as public health issue as it afflicts 7 out of 10 indigenous children from remote aboriginal communities at least once before their first birthday<sup>1</sup>.

'Scabies is a highly contagious skin disease caused by mites that burrow under the skin, reproduces and then burrow again<sup>1</sup>. The mites cause itching, infections and skin sores, which left untreated, can lead to chronic diseases and premature death'<sup>1</sup>.

CITSA and CIT Yurauna Centre have joined forces to promote ODAAT because of its unique concept in addressing indigenous health issues that is simple but profound. That is to redefine the way in which Australians partners with indigenous communities<sup>1</sup>. ODAAT is incorporating a holistic approach to indigenous health issues, focusing heavily on prevention and community engagement, something that has often been ignored in the last decade by Australian Government policies in relations to indigenous affairs<sup>1</sup>.

The values that drive and focus ODAAT:

-  **People first:** community comes first, do no harm and be humble
-  **Empowerment:** enable people to help themselves via collaborations  
And owner ship
-  **Pioneering:** always pursue and embrace change and innovation
-  **Honesty:** above all else, act with transparency and integrity
-  **Independence:** remain free from any political, religious or financial agenda

CITSA and CIT Yurauna Centre are proud to promote ODAAT in highlighting the wonderful and mammoth task that the non-profit organisation has undertaken and together we will organise fundraising for much needed funds so that they can continue to do their wonderful work in eliminating one disease at a time in both indigenous and non-indigenous communities Australia wide.

Reference

<http://1disease.org/><sup>1</sup>.